

THE SOUTH PIER LOWESTOFT

ALLERGEN CHART

CLASSICS														
	GLUTEN	PEANUT	TREENUTS	SESAME	MILK	EGGS	FISH	CELERY	CRUSTACEANS	SOY	LUPIN	SULPHITES	MUSTARD	MOLLUSCS
SOUTHERN FRIED CHICKEN	*												*	
SAUSAGES & MASH	*				*									
HAM, EGG & CHIPS						*								
TRADITIONAL CHIPSHOP														
COD	*						*						*	
HADDOCK	*						*						*	
PLAICE	*						*						*	
SCAMPI	*							*	*				*	
FISHCAKE	*					*	*	*	*				*	
BATTERED SAUSAGES	*					*							*	
PIES & MASH														
STEAK & KIDNEY PIE	*				*	*		*				*	*	
STEAK & ONION PIE	*				*	*		*				*	*	
CHICKEN & MUSH PIE	*				*	*		*				*	*	
POTATO CHEESE & ONION	*				*	*		*				*	*	



BURGERS														
	GLUTEN	PEANUT	TREENUTS	SESAME	MILK	EGGS	FISH	CELERY	CRUSTACEANS	SOY	LUPIN	SULPHITES	MUSTARD	MOLLUSCS
GOURMET BURGER	*					*		*					*	
CHEESE BURGER	*				*	*		*					*	
CHEESE & BACON BURGER	*				*	*		*					*	
SURF & TURF	*				*	*		*	*				*	
PULLED PORK	*				*	*		*		*			*	
CHICKEN BURGER	*				*	*		*					*	
VEGETARIAN BURGER	*				*	*		*		*			*	

Sandwiches, baguettes, wrap & rolls

CHEESE & TOMATO	*												*	
HAM & CUCUMBER	*												*	
PULLED PORK	*									*			*	
TUNA & CUCUMBER	*					*	*	*					*	
PRAWN MARIE ROSE	*			*		*		*	*			*	*	
CHEESE & BEANS	*							*					*	
CHICKEN WRAP	*												*	
BREAKFAST WRAP	*				*	*							*	
SWEET CHILLI PRAWN WRAP	*			*		*		*	*			*	*	
EGG ROLL	*				*	*								
SAUSAGE ROLL	*				*									
BACON ROLL	*				*									

	GLUTEN	PEANUT	TREENUTS	SESAME	MILK	EGGS	FISH	CELERY	CRUSTACEANS	SOY	LUPIN	SULPHITES	MUSTARD	MOLLUSCS
CHEESE & TOMATO					*								*	
HAM & CUCUMBER					*							*	*	
PULLED PORK					*					*			*	
TUNA & CUCUMBER				*	*	*	*						*	
PRAWN MARIE ROSE				*	*	*						*	*	
CHEESE & BEANS					*							*	*	

DESERTS														
	WHEAT	PEANUT	TREENUTS	SESAME	MILK	EGGS	FISH	SHELLFISH	SOY	CELERY	MUSTARD	GARLIC	LUPIN	SULPHITES
CHOCOLATE FUDGE CAKE	*	*	*		*	*								
VICTORIA SPONGE	*				*	*								
LEMON MERINGUE	*				*	*								
CARROT CAKE	*		*		*	*			*					
APPLE PIE	*													
STRAWBERRY & VANILLA CHEESE-CAKE	*				*				*					
VANILLA ICE CREAM					*	*								
CHOCOLATE ICE CREAM					*	*								
STRAWBERRY ICE CREAM					*	*								
BELGUIM WAFFLES	*				*				*					
TEACAKES	*								*					
SCONES	*				*				*					

